



Student Name: _____

Students will receive 8 option classes in the year (one will be Health). Please discuss your selections with your parents. Make your selections carefully, as changes requested later are unlikely to be accommodated. Band and French count as 2 courses each as they run for more than one term. **Option courses are not guaranteed, as the school's ability to run them depends on the level of student interest.**

French 8 French 8 explores themes that aim to build all four strands of language competency in listening, speaking, reading, and writing. In this course, students will engage in oral and written communicative tasks to foster interest and enthusiasm as well as build confidence toward increased oral fluency. No previous French experience is required.	Band 8 In grade 8 band, students will work towards advancing skills, learning more complex fundamentals and repertoire. Those students who have not been in band before should be prepared, with the help of the teacher, to do some self-directed development of basic skills to meet grade level outcomes. Additional fees: uniform attire, band tie, instrument rental fee.
Power Up Your Learning 8 Students will receive responsive instruction to target areas of their learning; focusing specifically on literacy, using technology to better support their learning, math support, as well as building their work habits and study skills. Students will learn positive work habits and how to advocate for themselves as learners and have extra time to complete course work in a supportive environment.	Electro-Technologies 8 Students will be introduced to programming and robotics. Programming lessons involve JavaScript to create animations and simple video games, and Arduino for robotics applications. Design and engineering tasks involve building Arduino robot kits that can be modified and expanded to numerous challenges. Students may also have opportunities to explore 3D printing of robot parts.
Construction 8 Construction 8 will allow students to develop general knowledge of materials & how to use them to make projects. Teaching safe work habits as students cut, shape, drill & join materials are a large part of this course. Students will complete a variety of projects using hand tools and some power tools.	Foods 8 Students will learn how to plan meals and cook for themselves in a kitchen setting. They will learn safety and sanitation skills, basic principles of nutrition, how to follow recipes and use knives and a variety of kitchen appliances safely. Students will learn through hands-on cooking labs, self-evaluations, theory projects, and other avenues as they explore Foods!
Art 8 Students will explore new ways of making art and self-expression while developing control and competency in working with a variety of materials. Students will continue to grow their understanding of how to manipulate mediums and make decisions based on their desired effects.	Training for Sport 8 Assess, monitor and reach your fitness levels by exploring the 3 realms of fitness -strength, cardio endurance and flexibility. Students will explore athletic training, with and without equipment, for different sports, as well as ideas around nutrition and well-being. Students will participate in yoga, circuit training, HIIT and other cardio exercises.
Drama 8 Students will explore various drama forms, components & activities. This course includes improvisation, movement, speech, and performance. Through active participation, students will develop skills such as concentration, cooperation, script interpretation, movement, voice & characterization.	Environmental and Outdoor Education 8 Environmental and Outdoor Education has a focus on Natural Science and learning about Natural Resources and our Environment. Students will learn about sustainability and conservation, while having opportunities to engage in learning outdoors. This course may have several field trips which will have an impact on the course fee.
Fashion Studies 8 Study the manufacture and marketing of clothing and other textile products as well as the history, sociology, and economics of clothing and textile industries. Examples of skills include: Hand sewing and Embroidery, Sewing projects, Upcycling textiles, Textile Arts, and Fashion Illustration.	Leadership 8 Leadership 8 is designed to engage students in becoming involved in their personal development and surroundings by helping to create a positive school culture. Students will develop self-confidence and leadership skills through a variety of projects and service-learning opportunities within the school and beyond.
Communication Technology 8 Learn how to use computers creatively. We will focus on projects in the following areas: Use of Google Apps for Education, Graphic design, Photography, Animation, Broadcasting, 3D Design and related careers.	Design Studies 8 Learn about the creative process from conception through development within the realms of design and sculpture utilizing various materials. Learn about West Coast Design while utilizing woodworking techniques including Pyrography.