



Queen Elizabeth High School

Course Selection 2025-2026

[Ready Set Go](#) – High School Information Guide



**Calgary Board
of Education**

Programs offered at Queen E



AP

- Advanced Placement (AP) is a program run by the College Board (United States) which offers students enrichment of University-level courses in high school. AP refers to the first-year college level curriculum at the 30-level; classes at the 20 levels provide AP preparation
- The regular -1 topics are covered on an accelerated basis and then enriched to increase the students' depth of understanding.
- Develops the knowledge, skills, and strategies to successfully write the 30- level AP Exams in early May (extra fees apply)

K&E

- Knowledge & Employability (K&E) courses provide students with opportunities to experience success and become prepared for employment, further studies, active citizenship and lifelong learning
- Students in this program will receive a Certificate of High School Achievement at graduation
- Written consent is required to register in any Knowledge and Employability (-4) course, please speak to Student Services for more information.

GATE

- Gifted and Talented Education (GATE) is accessed via the CBE through a referral and placement process only.
- Students in the GATE Program in grade 10 are supported through a GATE Homeroom. Opportunities to continue with accelerated and AP classes.

High School Bell Schedule



Block	Monday	Tuesday	Wednesday	Thursday		Block	Friday
(8:55-9:25)	Knights' Block	Knights' Block	Knights' Block	Knights' Block		(8:55-9:25)	Knights' Block
(9:25- 10:47)	1	2	1	2		(9:26-10:18)	1
(10:49-12:11)	2	1	2	1		(10:20-11:12)	2
(12:11-12:47) (36 min)	Lunch	Lunch	Lunch	Lunch		(11:14-12:06)	3
(12:47-2:09)	3	4	3	4		(12:08-1:00)	4
(2:11-3:33)	4	3	4	3		Staff Meeting Time	

Knight's Block:

- is a flex period where students can find assistance or enrichment outside of the regular class structure but still during part of the school day.
- a chance to seek more one on one help from teachers, to work with other students and to complete projects.

Sample Timetables



	Semester 1	Semester 2
	Knight's Block	Knight's Block
Block 1	Comp Sci 10	Math 10C
Block 2	Phys Ed 10	Photography
Block 3	ELA 10-1	Yoga 15
Block 4	Science 10	SS 10-2

	Semester 1	Semester 2
AM	Band 15	Band 15
	Knight's Block	Knight's Block
Block 1	SS 10-1	Phys Ed 10
Block 2	Military Studies 15	Math 10C
Block 3	Sports Pro Intro	ELA 10-1
Block 4	Science 10	French 10-3Y

Supporting Wellness & Balance



- Whenever possible, we support students to develop a timetable that has a balance of core classes and options. For some students that might include a spare.
- Most students complete High School in 3 years and some students take an additional year.
- To remain on track for graduation, grade 10 students should receive 40 credits at the end of their first year.
- As a team, we work together to build a student's timetable that best balances their skills and interests, teacher course recommendations, their future ambitions, and wellbeing.

Alberta Graduation Requirements



ALBERTA HIGH SCHOOL DIPLOMA MINIMUM REQUIREMENTS

100 CREDITS

Earn a minimum of 100 credits. Successfully complete the following courses:

- English 30-1 or 30-2*; **AND**
- Social 30-1 or 30-2*; **AND**
- Math 20-1 or 20-2 or 20-3; **AND**
- Science 20 or Science 24 or Biology 20 or Chemistry 20 or Physics 20 or Science 14 and 10; **AND**
- Physical Education (PE) 10; **AND**
- Career and Life Management (CALM); **AND**

Earn 10 credits, in any combination:

- Career and Technology Studies (CTS) courses
- Fine and Performing Arts courses
- Second Languages* courses
- Physical Education 20 and/or 30
- Knowledge & Employability (K&E) courses
- Registered Apprenticeship Program (RAP) courses
- Locally Developed and Authorized courses in CTS, fine arts, second languages or K&E occupational courses **AND**

Earn 10 more credits, in any 30-level course (in addition to English 30-1 or 30-2 and Social 30-1 or 30-2) from:

- 30-level Math, Science, Fine Arts, Second Languages, or PE
- Advanced Level (3000 series) CTS courses
- 30-level Locally Developed and Authorized courses
- 30-level Work Experience courses
- 30-level Registered Apprenticeship Program (RAP) courses
- 30-level K&E courses
- 30-level Green Certificate courses

***IMPORTANT:** You are encouraged to explore many options in high school; be sure to gain the prerequisites to complete the 10 credits in 30-level courses other than English and Social.

Provincial diploma exams are required for: English 30-1 & 30-2; French Language Arts 30-1; Social 30-1 & 30-2; Math 30-1 & 30-2 (in English or French); Science 30, Biology 30, Chemistry 30, and Physics 30. Final marks in these courses are a blend of school marks and the Diploma Exam marks (your Diploma Exam is worth 30%; your school mark is worth 70%).

ALBERTA CERTIFICATE OF HIGH SCHOOL ACHIEVEMENT MINIMUM REQUIREMENTS

80 CREDITS

Earn a minimum of 80 credits. Successfully complete the following courses:

- English 20-2 or Knowledge & Employability (K&E) English 30-4; **AND**
- Math 10-3 or K&E Math 20-4; **AND**
- Science 14 or K&E Science 20-4; **AND**
- Social 10-2 or K&E Social 20-4; **AND**
- Physical Education 10; **AND**
- Career and Life Management (CALM); **AND**

Earn 5 credits in:

- 30-level K&E occupational course, or
- 30-level Career and Technology Studies (CTS), [Advanced level-3000 series] or
- 30-level Locally Developed and Authorized course with an occupational focus

AND

Earn 5 credits in:

- 30-level K&E Workplace Practicum course, or
- 30-level Work Experience course, or
- 30-level Green Certificate Specialization course
- Special Projects 30

OR instead of the 10 credits in the section immediately above
Earn 5 credits in:

- 30-level Registered Apprenticeship Program (RAP) course

IMPORTANT:

A Certificate of Achievement is NOT a high school diploma. K&E courses align with other courses to maximize opportunities for your success, to support your completion of high school, and to easily allow you to transfer to other courses. Such flexibility makes it possible to work toward achieving a High School Diploma. Another semester or year of high school may be part of your plan to do this.

- To qualify for a Certificate of High School Achievement, you successfully **complete a minimum of 1 academic Knowledge & Employability (K&E) -4 course** (English, Math, Science, or Social).
- A Certificate of High School Achievement can be earned in 2 - 4 years.
- Written consent is required to register in each K&E -4 course.

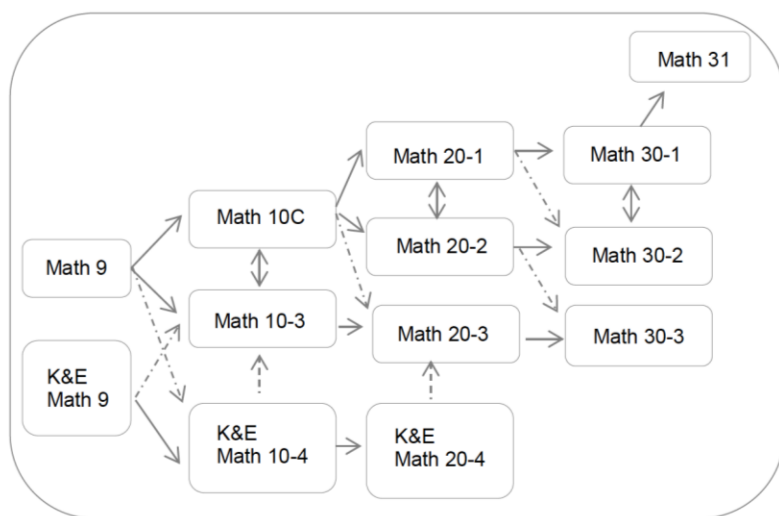
A High School Diploma is required for
Collage or University entrance



Choosing Your Core Courses



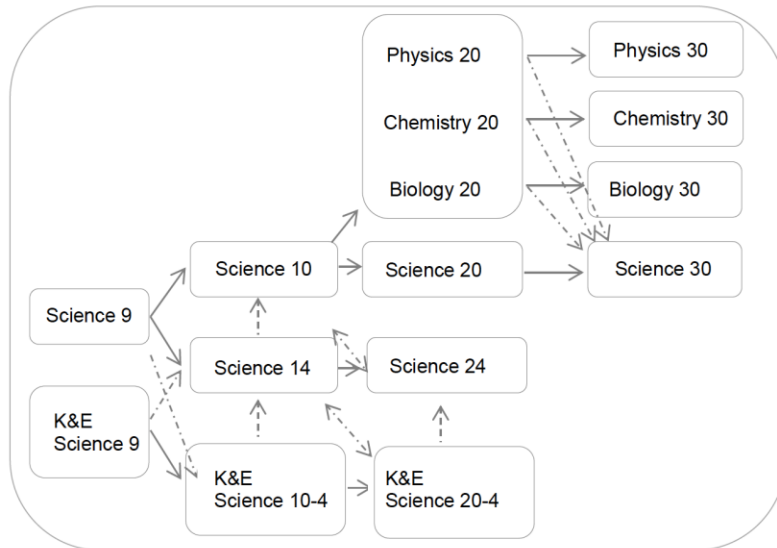
Math



Transitioning from Grade 9 to 10

- Math 10C:** for students who demonstrated Good or Excellent Achievement in Math 9, and are motivated to pursue post-secondary education. This course provides choices for you as you move to 20-level courses.
- Math 10-3:** for students who did not meet all Grade 9 level expectations, or those interested in Workplace and Apprenticeship Mathematics
- Math 15:** improve student mastery of grade 9 mathematical skills, concepts and ideas; available in Summer School for grade 9 students

Science



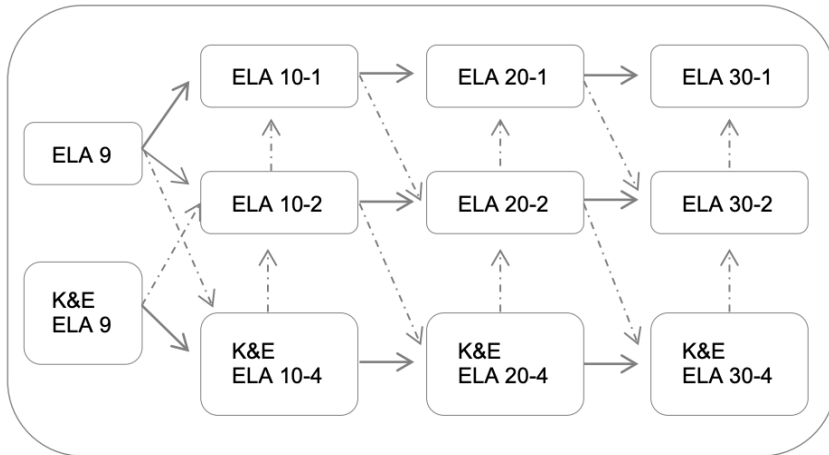
Transitioning from Grade 9 to 10

- Science 10:** for students who demonstrated Basic, Good or Excellent Achievement in Science 9, and are motivated to pursue post-secondary education. This course introduces biology, chemistry, physics, and global energy systems and allows you to choose from Biology, Chemistry, Physics, and/or Science at the 20-level.
- Science 14:** for students who struggled to meet Grade 9 expectations, or those interested in Workplace and Apprenticeship. Applies scientific knowledge and skills to everyday general sciences.

English

Transitioning from Grade 9 to 10

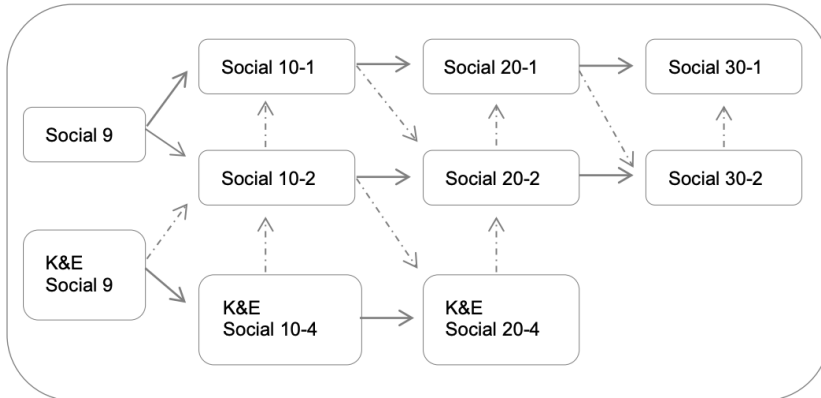
- **ELA 10-1:** for students who demonstrated Good or Excellent Achievement in ELA 9, and are motivated to pursue post-secondary education. Develops strong, comprehensive communication skills for university and post-secondary programs
- **ELA 10-2:** for students who have demonstrated Basic Achievement in ELA 9. Develops your communication skills through practical, creative, and persuasive writing skills for some post-secondary education and Apprenticeship programs.



Social Studies

Transitioning from Grade 9 to 10

- **SS 10-1:** for students who demonstrated Good or Excellent Achievement in Social 9 and are motivated to pursue post-secondary education.
- **SS 10-2:** for students who have demonstrated Basic or Good Achievement in Social 9. You will examine historical and contemporary aspects and relationships among citizenship, identity and globalization.





Choosing Your Options



Phys Ed & Wellness



- Phys Ed
- Calm 20
- Leadership
- Sports Medicine
- Sports Performance
- Yoga

Complementary Courses



Social Sciences

- Military Studies 15
- Psychology 20



Second Languages

- French 10-3Y
- American Sign Language 15



Career and Technology (CTS)



- Comm Tech
- Computer Science
- Robotics
- Design Thinking for Innovation
- Photography
- Commercial Foods (Culinary Arts)
- Construction

Fine & Performing Arts



- Art
- Drama
- Musical Theatre
- Band & Instrumental Music



AP Capstone Diploma™

AP Seminar – Year 1: Learn to consider issues from multiple perspectives, build arguments, identify credible sources of information

- Students will complete: a team project, an individual paper, and a presentation, and a written end-of-course exam

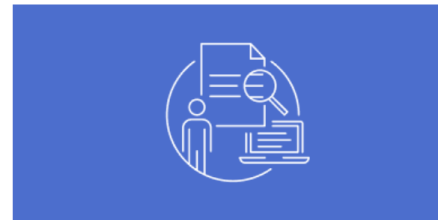
AP Research – Year 2: Students will explore various research methods and complete an independent research project

- At the end of the project students will submit their academic paper and present/defend research findings



AP Seminar

AP Seminar is a foundational course in which students explore the complexities of academic and real-world issues.



AP Research

AP Research allows students to deeply explore an academic topic, problem, issue, or idea of individual interest.

How will I be assessed in High School?



cbe.ab.ca

Outcomes-Based Assessment

How is My Child Doing in High School?

learning | as unique | as every student

 Calgary Board of Education



High School Proficiency Scale

Beginning		Developing		Proficient		Exemplary	
1	2	1	2	1	2	1	2
The student demonstrates a level of understanding and/or skill that is not yet meeting expectations of the course outcomes. ■ The quality of work may be vague and/or undeveloped. ■ Targeted adjustments to planning and instruction will be necessary for further learning in this area.		The student demonstrates a basic level of understanding and/or skill that meets expectations of the course outcomes. ■ The quality of work may be adequate and/or concrete. ■ Adjustments to planning and instruction may be necessary for further learning in this area.		The student demonstrates a well-developed level of understanding and/or skill that meets expectations of the course outcomes. ■ The quality of work may be clear and/or well-reasoned. ■ The student can be confident of being prepared for further learning in this area.		The student demonstrates a mastery level of understanding and/or skill that meets expectations of the course outcomes. ■ The quality of work may be perceptive and/or insightful. ■ The student can be confident of being prepared for further learning in this area.	
20%	40%	55%	65%	75%	85%	95%	100%



Next Steps

- Review course selection documents
- Ask questions!
- Choose your courses online using PowerSchool

Course Recommendations

- Your current grade 9 teachers have inputted your academic course recommendations. Please choose the highlighted recommended course.
- Should you choose to go against the recommendation, complete Pathway Appeal Form provided by Student Services.



Pathway Appeal Form Queen Elizabeth High School

Student Name	Course Requested	Prerequisite Course & Mark

Complete this form if you wish to register for a course without meeting the recommended prerequisite achievement level. This process helps determine the best course pathway for your future success.

Instructions:

1. Review this request with your parents/guardians.
2. Have them sign and complete their section.
3. Discuss the appeal with school staff.

Important Notes:

- Placement will be based on mutual agreement and course availability.
- By appealing, you agree not to withdraw from the course after the deadline.

Student: I struggled to make the desired mark in the prerequisite course because...

Student: I plan to do the following actions to be more successful...

Parent/Guardian: I plan to support my student in the following way...

Student Signature

Parent/Guardian Signature

Once the above has been completed, student will contact their school counsellor to discuss the request.

For Office Use ONLY

Counsellor Meeting Date:

Counsellor Signature:

Approved ☐ Denied ☐

Course Requests

Use your MyCBE/PowerSchool account to enter student course requests. On the Course Management tab, you will be able to enter and edit course requests for next year. This page will be only be available at certain times of the year, once your next year school has opened course registration for your grade level.

Sign In

- 1 Go to the MyCBE/PowerSchool Portal sign in page (<https://sis.cbe.ab.ca>). You can also access this page from the public CBE website (<https://www.cbe.ab.ca/>) or your school's website, by clicking on the MyCBE/PowerSchool link.



- 2 Enter your **Username** and **Password**.
 - Students – use your CBE Student ID and CBE network password.
 - Parents/Guardians – use your MyCBE username and password that was created during parent account setup.

- 3 Click **Sign In**.

The MyCBE/PowerSchool Portal Sign In page offers account help for parents/guardians and students. Parents/Guardians must create a parent account before they can sign in.

Student and Parent / Legal Guardian Sign In

Welcome to The Calgary Board of Education's MyCBE / PowerSchool Portal. This is your gateway to access a number of supported technologies and tools at The Calgary Board of Education. For more details please refer to the [Need a Parent Account?](#) section below.

Student: Your username is your CBE Student ID and your password is your CBE network password. If you are new to CBE, ask your teacher or school staff for your CBE Student ID and initial password.

Parent / Legal Guardian: Please sign in with your MyCBE / PowerSchool Parent Account. See [Need a Parent Account?](#) below to create a new Parent Account.

Username	
Password	

* Password Manager Users: You may experience issues saving this password to your password manager (i.e. LastPass). You may need to manually save the password instead of letting your password manager update it automatically.

3 [Sign In](#)

Enter Course Requests

- 1 On the left-side Navigation menu, click on **Class Registration**.

On the Welcome page, you will see a message from your school about class registration. Below, you will see multiple registration sections that you must complete.

! This icon indicates that you need to select additional courses to request in this section.

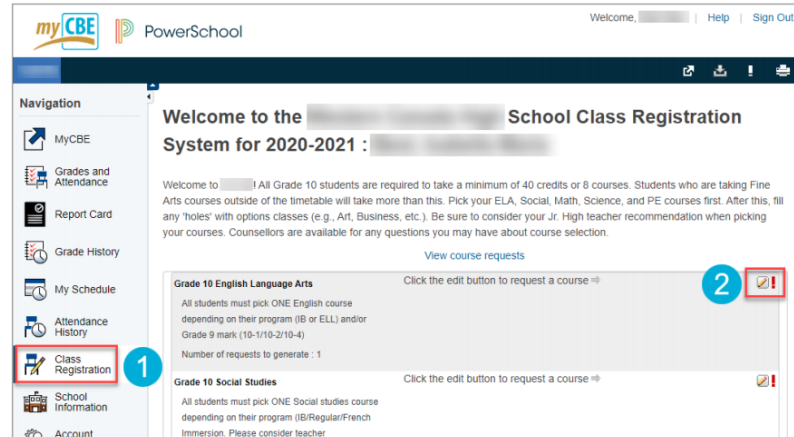
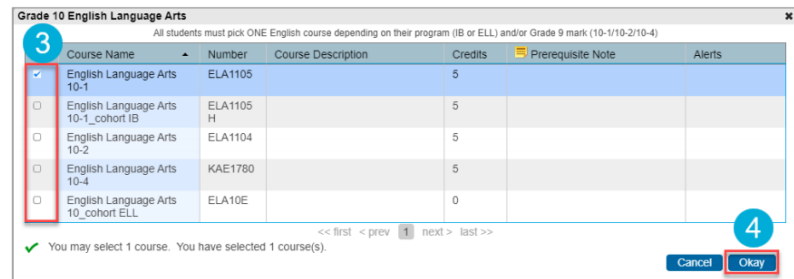
✓ This icon indicates that all course request requirements have been fulfilled in this section.

- 2 To begin requesting courses, click on the pencil button  in the first registration section.

- 3 A pop-up menu will appear with course options. Select the course(s) you are requesting by placing a check mark in the box beside the course name.

Note | if a teacher has made a course recommendation, it will appear in the Alerts column.

- 4 The alert at the bottom of the page will track how many courses you have selected. The red exclamation mark will change to a green check mark when all requirements have been fulfilled. Once you have selected the correct amount of courses, click **Okay** to continue.

Course Name	Number	Course Description	Credits	Prerequisite Note	Alerts
☒ English Language Arts 10-1	ELA1105		5		
☐ English Language Arts 10-1_cohort IB	ELA1105 H		5		
☐ English Language Arts 10-2	ELA1104		5		
☐ English Language Arts 10-4	KAE1780		5		
☐ English Language Arts 10_cohort ELL	ELA10E		0		

- 5 The course(s) that you have selected will now appear on the main page. Repeat this process for each request section below by clicking on the pencil button.

Grade 10 English Language Arts All students must pick ONE English course depending on their program (IB or ELL) and/or Grade 9 mark (10-1/10-2/10-4) Number of requests to generate : 1	English Language Arts 10-ELA1105 - 5 credits	
Grade 10 Social Studies All students must pick ONE Social studies course depending on their program (IB/Regular/French Immersion. Please consider teacher recommendations and Grade 9 course marks when picking course level. Number of requests to generate : 1	Click the edit button to request a course ⇒	5
Grade 10 Math Regular program and French immersion students may select only one of these math courses. Please consider your Grade 9 course mark and teacher recommendation when picking your course.	Click the edit button to request a course ⇒	

- 6 Once you have completed all request sections, click **Submit** to save your requests.

Grade 10 Alternate Selections You must choose 2 alternate selections that are different than your elective choices. These are your secondary choices for your elective classes, which will only be scheduled if a primary elective has a scheduling conflict. Number of requests to generate : 1	Art 10_5 or FNA14005 - 5 credits	Marketing & Mgmt 10 MAM190X - 5 credits	
Additional Requests Requests that are currently not associated with any requirement group. Requires between 40 and 50 credit hours. Requesting 40 credit hours. Requesting 0 additional credit hours.	Click the edit button to request a course ⇒		6

7 The Course Requests page will appear with a list of all courses you have requested.

To make changes to your course requests, click **Class Registration** on the Navigation menu to return to the previous screen.

Navigation

- MyCBE
- Grades and Attendance
- Report Card
- Grade History
- My Schedule
- Attendance History
- Class Registration**
- School Information
- Account Preferences
- Student Fees and Service Registration

2020-2021 Course Requests:

[Course Catalog](#)

Crs Num	Course	Type	Cr Hrs	Prerequisite Notes
1. ELA1105	English Language Arts 10-1	Required	5.00	
2. MAT1793	Mathematics 10-3	Required	5.00	
3. PED14455	Physical Education 10_5 cr	Required	5.00	
4. SCN1270	Science 10	Required	5.00	
5. SST1772	Social Studies 10-2	Required	5.00	
6. COMGD10XX	Graphic Design Intro	Elective	5.00	
7. FODC10	Foods Culinary Arts Intro	Elective	5.00	
8. LGS10XX	Legal Studies Intro	Elective	5.00	
Total Credit Hours Requested			40.00	
1. FNA14005	Art 10_5 cr	Alternate	5.00	
2. MAM199X	Marketing & Mgmt 10	Alternate	5.00	
Total Alternate Hours Requested			10.00	

Important Dates

- March 7 – 14: PowerSchool Portal opens for all students to pick classes
- Mid-August: School Messenger sent home instructing students and families on how to see timetable and make necessary changes.