

## QE PE Jr. High Stems with Outcomes: 2025-26

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| <p><b>STEM 1: Performs and refines movement skills.</b></p> <p><b>General Outcome A - Activity:</b> Acquire (improve/refine/adapt) skills through a variety of developmentally appropriate movement activities.</p>                                                                                                                                                                                                                                                                                                                                              | <p><b>STEM 2: Cooperates to demonstrate fair play and teamwork</b></p> <p><b>General Outcome C - Cooperation:</b> interact positively with others (demonstrate fair play, leadership, and teamwork)</p>                                                                                                                                                                                                                                                                                                                                                                    | <p><b>STEM 3: Explores and applies strategies for leading a healthy, active way of life.</b></p> <p><b>General Outcomes B &amp; D - Benefits Health/Do It Daily For Life:</b> Understand, experience and appreciate the health benefits that result from physical activity/Assume responsibility to lead an active way of life.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <ul style="list-style-type: none"> <li>-demonstrating a <u>well-developed level of skill</u> in a wide range of activities</li> <li>-acquiring and <u>improving skills</u> and knowledge</li> <li>-being <u>focused</u> and open to instruction and feedback during skill development</li> <li>-understanding <u>rules and strategy</u> required to successfully participate</li> <li>-applying the relationship among skills, rules and strategies in the playing of games</li> <li>-developing and combining more challenging sport-specific skills</li> </ul> | <ul style="list-style-type: none"> <li>-demonstrating positive and cooperative interactions with peers</li> <li>-demonstrating <u>respect</u> for self and others</li> <li>-demonstrating <u>fair play</u> and sportsmanship</li> <li>-developing and applying skills that contribute to <u>teamwork</u></li> <li>-encouraging and <u>supporting others</u> to participate and enjoy games and activities, regardless of their skill or ability (<u>leadership</u>)</li> <li>-applying <u>leadership</u> and followership skills related to physical activities</li> </ul> | <ul style="list-style-type: none"> <li>-demonstrating a <u>strong effort</u> in all activities</li> <li>-demonstrating a <u>positive attitude</u> toward physical activity</li> <li>-demonstrating a willingness to actively engage in all <u>fitness</u> and warm-up activities</li> <li>-demonstrating a commitment to an active lifestyle through participation in and out of class</li> <li>-willingness to try new or unique activities</li> <li>-showing <u>initiative</u></li> <li>-wearing clothing and footwear that is appropriate for the activity</li> <li>-following and applying <u>rules, routines and procedures</u> in a variety of activities and settings</li> <li>-demonstrating <u>etiquette</u> that is appropriate for the activity/setting</li> </ul> |

## QE PE Jr. High Assessment Scale (1 - 4)

Note: Each of the STEM categories are assessed using a 4-point scale

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| <b>4 - Excellent (Exemplary)</b> - mastery of the outcomes                              | The student <b>consistently</b> demonstrates the category specific outcomes.           |
| <b>3 - Good (Proficient)</b> - a well-developed understanding of the outcomes           | The student <b>frequently/regularly</b> demonstrates the category specific outcomes.   |
| <b>2 - Basic (Developing)</b> - a limited (or developing) understanding of the outcomes | The student <b>sometimes/occasionally</b> demonstrates the category specific outcomes. |
| <b>1 - Not Meeting (Beginning)</b> - an insufficient understanding of the outcomes      | The student <b>rarely</b> demonstrates the category specific outcomes.                 |